



CITI PARA SWIMMING WORLD SERIES LIGNANO SABBIAADORO



PROGRAMMA GARE DEFINITIVO – PARA SWIMMING WORLD SERIES LIGNANO Piscina Bellitalia Efa – 13-16 marzo 2025

SESSION 1: Thursday, March 13th - morning

H. 07.20 - 08:45 warm up 50m pool

H. 09.00 competition start

During the competition the 25m pool will always be available for warm up

100 Freestyle M/F (S1-14) *

150 IM M/F (SM1-4)

100m Breaststroke M/F (SB1-14)

200m Backstroke M/F (S1-S14) only heats, no finals

Mixed 4x100 Medley 49pt

Relay Mixed 4x100 Medley

34pt Relay

* Only for World Series swimmers

SESSION 2: Thursday, March 13th - afternoon

H. 15.00 - 16.15 warm up 50m pool

H. 16.30 competition start

During the competition the 25m pool will always be available for warm up

Finals

Youth final M/F

B final M/F

A final M/F

100 Freestyle M/F (S1-13)

150 IM M/F (SM1-4)

100m Breaststroke M/F (SB4-9,SB-14)

Mixed 4x100 Medley 49pt Relay

Mixed 4x100 Medley 34pt Relay

Victory Ceremonies





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SESSION 3: Friday March 14th - morning

H. 07.20 - 08.45

warm up 50m pool,

H. 09.00

competition start

During the competition the 25m pool will always be available for warm up

50m Breaststroke	M/F (SB1-14)
200m Freestyle	M/F(S1-14)
50m Freestyle	M/F(S1-14)
200m Butterfly	M/F (S1-S14) only heats, no
finals Mixed 4x100 Medley S14 Relay	
Mixed 4x50 Medley 20pt Relay	

SESSION 4: Friday March 14th - afternoon

H. 15.00 - 16.15

warm up 50m pool

H. 16:30

competition start

During the competition the 25m pool will always be available for warm up

Finals

Youth final

M/F

B final

M/F

A final

M/F

50m Breaststroke	M/F (SB1-3)
200m Freestyle	M/F (S1-5, S14)
50m Freestyle	M/F (S1-13)
Mixed 4x100 Medley S14 Relay	
Mixed 4x50 Medley 20pt Relay	

Victory Ceremonies

SESSION 5: Saturday March 15th - morning

H. 07.20 - 08:45

warm up 50m pool,

H. 09.00

competition start

During the competition the 25m pool will always be available for warm up

100m Backstroke	M/F(S1-14)
50m Butterfly	M/F(S1-14)
200 IM	M/F (SM5-14)
Mixed 4x100 Freestyle S14	
Relay Mixed 4x100 Freestyle	
49pt Relay	



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SESSION 6: Saturday March 15th - afternoon

H. 15.00 - 16.15

warm up 50m pool

H. 16:30

competition start

During the competition the 25m pool will always be available for warm up

Finals

Youth final

M/F

B final

M/F

A final

M/F

100m Backstroke

M/F (S1-2, S6-14)

50m Butterfly

M/F (S2-7)

200 IM

M/F (SM5-14)

Mixed 4x100 Freestyle S14 Relay

Mixed 4x100 Freestyle 49pt Relay

Victory Ceremonies

SESSION 7: Sunday March 16th - morning

H. 07.20 - 08.45

warm up 50m pool,

H. 09.00

competition start

During the competition the 25m pool will always be available for warm up

400m Freestyle

M/F(S1-14)

50 Backstroke

M/F(S1-14)

100m Butterfly

M/F(S8-14)

200m Breaststroke

M/F (SB1-SB14) only heats, no finals

100 m Freestyle **

M/F S1-S13

Mixed 4x50 Freestyle 20pt

Relay Mixed 4x100 Freestyle

34pt Relay

*** Only for Italian Winter Championships swimmers*

Victory Ceremonies





LIGNANO SABBIADORO WPS WORLD SERIES



SESSION 8: Sunday March 16th - afternoon (1 hour before the other sessions)

H. 15:00 - 16.15 warm up 50m pool

H. 16.30 competition start

During the competition the 25m pool will always be available for warm up

Finals

Youth final M/F

B final M/F

A final M/F

400m Freestyle M/F (S6-14)

50 Backstroke M/F (S1-5 ~~13~~)

100m Butterfly M/F (S8-14)

Mixed 4x50 Freestyle 20pt Relay

Mixed 4x100 Freestyle 34pt Relay

Victory Ceremonies



Comitato Italiano Paralimpico
Italian Paralympic Committee



LIGNANO SABBIADORO PARA SWIMMING WORLD SERIES

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